

## **Questions:**

1. What is the summary of this literary piece?
2. What lesson does the author want to convey?
3. What is the relationship of this story to the current time?

## **Answers:**

### **1. Summary**

"Gratitude" by Andrew E. Hunt is a short story about a man named Jerry who reflects on his life while sitting in a bar on Thanksgiving Eve. Jerry used to be a successful executive, but his life took a downward spiral due to his alcoholism and gambling addiction. He lost his job, his wife, and his home. He is now living in a small apartment and working a minimum wage job.

As he sits at the bar, he realizes that he has a lot to be grateful for despite his current situation. He remembers the people who helped him when he was at his lowest point, including a woman named Rose who gave him a place to stay when he had nowhere else to go. He also thinks about the kindness of strangers who helped him out in small ways, like the bartender who gave him a free meal when he was hungry.

Jerry realizes that he has taken many things for granted in his life and that he needs to appreciate the people and things he has now. He decides to make a change and try to improve his life, starting with a phone call to Rose to thank her for all that she did for him.

The story ends with Jerry feeling hopeful for the future, grateful for the people who have helped him, and determined to make a better life for himself.

Overall, "Gratitude" is a story about the power of being grateful and how it can help us find hope and motivation even in difficult times.

## **2. Lesson**

The main lesson of "Gratitude" by Andrew E. Hunt is that gratitude can have a transformative effect on our lives. The author shares his personal experience of struggling with depression and anxiety, and how practicing gratitude helped him overcome these challenges. He also highlights scientific research that shows how gratitude can improve mental and physical health, increase happiness and well-being, and enhance relationships.

Through his own journey and the research he presents, Hunt emphasizes the importance of cultivating gratitude as a daily practice, and not just as a one-time event or occasional reflection. He suggests simple ways to incorporate gratitude into our lives, such as keeping a gratitude journal, expressing gratitude to others, and focusing on the present moment.

Ultimately, "Gratitude" teaches us that cultivating a sense of gratitude can help us shift our perspective towards a more positive and fulfilling life, even in the face of challenges and adversity.

### **3. Relationship of this story to the current time**

"Gratitude" by Andrew E. Hunt is a contemporary novel that explores themes of resilience, love, and forgiveness. Its message of gratitude and appreciation for the people in our lives is timeless and relevant to the current time. In a world where it is easy to take things and people for granted, the novel encourages readers to reflect on the positive aspects of their lives and to be grateful for the blessings they have. This message is especially important in today's fast-paced and often stressful world, where people may be so focused on their problems and challenges that they forget to appreciate the good things they have. Overall, the novel's themes and message of gratitude are relevant and important in the current time.